

WHAT SHOULD I DO IF MY CHILD IS SICK?



If a child displays one symptom from **Column A** or two symptoms from **Column B**, they should immediately get tested for COVID-19.

If a student displays these symptoms at school, the staff will immediately contact parents/guardians to pick up their child.

Please note that if your child displays only one symptom from column B and no symptoms from column A, the school may still call you to pick up your child. Your child can return once the symptom resolves. If individual circumstances exist that you wish to discuss with the school, please contact the principal.

COLUMN A

Do you have a new onset, or worsening, of any **ONE** of the following symptoms?

- Fever $>38^{\circ}\text{C}$ or think you have a fever or chills
- Cough
- Sore throat/hoarse voice
- Shortness of breath/breathing difficulties
- Loss of taste or smell
- Vomiting or diarrhea for more than 24 hours

COLUMN B

Do you have a new onset, or worsening, of any **TWO** of the following symptoms?

- Runny nose
- Muscle aches
- Fatigue
- Conjunctivitis (pink eye)
- Headache
- Skin rash of unknown cause
- Nausea or loss of appetite
- Poor feeding (if an infant)

AFTER MY CHILD IS REFERRED FOR A COVID-19 TEST

WHEN CAN MY SICK CHILD RETURN TO SCHOOL?

COVID-19 TESTED

Your sick child tested **NEGATIVE**. They can return to school after 24 hours of being symptom-free.



Your sick child tested **POSITIVE**. Public Health will provide guidance regarding what is required before your child can return to school.



NOT COVID-19 TESTED

Your sick child must self-isolate for 10 days from symptom onset and can return if symptoms have resolved at that time.

WHAT HAPPENS IF A FAMILY MEMBER LIVING IN THE SAME HOUSEHOLD DISPLAYS COVID-19 SYMPTOMS?

Effective Nov. 6, 2020

If you are symptomatic, or if someone in your household is symptomatic, your entire household needs to self-isolate pending COVID-19 test results. The symptomatic individual needs to stay in their own room and, if possible, use their own bathroom and not use common areas. If you have health-related questions, please call Health Links-Info Santé at 204-788-8200 or 1-888-315-9257. To view the Self-Isolation Fact Sheet, visit www.gov.mb.ca/covid19/updates/resources.html or scan the QR code below.

